



Sun Smart Policy

1. Introduction

The purpose of this policy is to create a school environment that supports sun protection behaviours to minimise the risk of health problems from sun overexposure.

2. Scope of Application

This policy is applicable to all school activities including camps and excursions and applies to all students and staff.

3. Interpretation

Within this policy, unless specifically defined otherwise, the following terms shall have these meanings:

Parent Shall also mean step-parent, caregiver or guardian

School Shall mean Example Christian College

4. Policy

Excessive exposure to the sun's ultraviolet (UV) radiation can cause health problems including sunburn, damage to skin and eyes, and an increased risk of skin cancer.

Sun safety is a shared responsibility and staff, parents and students are encouraged to implement a combination of sun protection measures during term 1 and term 4.

4.1 Sun protective uniform

Red Rock Christian College's school uniform and dress code includes sun-protective clothing including:

- Shirts with collar
- Tops/ dresses with elbow-length sleeves

Hats

- The college requires that during term 1 and term 4, all students Prep – Year 12 wear a hat for outdoor exercises during class or at recess and lunchtimes. Hats must be worn every day regardless of the weather. This reduces confusion for students and minimises discrepancies in interpretation by parents, staff and students as to when students should wear a hat. It also reduces the risk that students will forget their hat on the days they are most needed.
- Sun Smart hats protect the face, neck and ears. The most suitable hats are legionnaire and broadbrimmed hats. The college hat is mandatory.
- Hats are to be clearly named and may be kept at school.
- Laundering of hats should occur during vacation times and is the responsibility of parents.
- Class camps, excursions and non-uniform days will require the wearing of hats.
- Students without hats will not be allowed to play. No Hat = No Play.
- Students are not permitted to share hats as this can increase the risk of spreading head lice.



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- Staff will be positive role models by wearing appropriate hats, sunglasses and clothing outdoors.

Exceptions

- It may be that in some individual situations, it is recommended by a student or staff member's doctor that a student or staff member should not wear a hat. Typically, this is related to significant Vitamin D deficiency. On request from the parent with supporting written recommendation from the student's medical doctor, the student will not be required to wear a hat.

Sunscreen

Red Rock Christian College encourages all staff and students to apply SPF30 or higher broad-spectrum, water-resistant sunscreen daily.

- The college does not supply sunscreen to avoid allergies or unknown reactions to sunscreen.
- The application of sunscreen is left to the discretion of individual staff and parents, as it is accepted that there may be a variety of concerns around the use of sunscreen.
- Students are responsible for applying their own sunscreen.

Sunglasses

Red Rock Christian College supports wearing sunglasses by staff and students engaged in outdoor activities and at recess and lunchtime.

- The College does not supply staff or students with sunglasses
- The College does not accept responsibility for broken or lost sunglasses.

5. References

This section provides information on other documents that provides support or authority for the policy – either in forming the position or as additional or related content.

- Occupational Health and Safety
- Duty of Care

6. Review

The policy will be reviewed three years. Review will be conducted by the responsible officer, drawing upon input and feedback from:

- School Leadership
- External changes, such as changes to legislation, good practice

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7. Policy Information

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Classification	Section 6 Curriculum and Co-Curricula
Prepared By	HOS – Chris Ellis
Authorised By	Principal, Karen McCoy
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8. Version History

Release Date	Summary of Change
November 2024	Updated format.
July 2020	Includes sunscreen, sunglasses
2018	Includes secondary students
July 2015	No changes
July 2010	Updated to include medical exception
July 2002	Original Policy